

1 March 2019

Circular to all employers in the Road Freight and Logistics Industry

Re: Refinement of the NBCRFLI Health Plan Benefits

The NBCRFLI together with its Health Plan service provider, Affinity Health, are pleased to announce the refinement of the Health Plan in terms of the benefits provided. The two companies have been working closely together to identify members' specific needs, thereby making the plan more focused on precisely what our members require. As a result, the Health Plan is now tailor-made, based on the benefits recognized as vitally important. These amended benefits come into effect on 1 March 2019.

These benefits include:

- GP Consultations, Medical Society, Basic Pathology and Radiology. Telephonic Medical Consulting including over-the-counter medication.
- Acute Medication and Nutraceuticals as per Affinity Health formulary.
- Chronic Medication- subject to formulary reference pricing as approved by Affinity Health. You must be registered as a chronic member in order to obtain this benefit.
- Chronic Disease Management- available for members who are registered for chronic medication.
- Emergency Medical Services (EMS) - available by phoning the number provided on the membership card. If another service provider is used, costs may not be covered if deemed not an emergency. This benefit includes repatriation of mortal remains if death occurs away from normal place of residence.
- Hospital Accident Benefit- covered if admitted due to an accident up to the maximum amount of R75 000 per incident.
- HIV Treatment- this remains in the good hands of **CareWorks**.

BASIC DENTISTRY RE INTRODUCED:

- This benefit cover is available to the eligible member **ONLY** and excludes the eligible spouse and the eligible children.
- This benefit comprises access to a dental practitioner or dental therapist specifically identified by the service provider, and emergency dental treatment for pain and sepsis including extractions, with a limit of R800 per defined event and R2 400 per eligible member per an eighteen-month period.

FUNERAL ASSISTANCE BENEFIT INCREASED:

- A funeral assistance benefit of R12 000 is payable in the event of the death of an eligible member.
- This benefit shall be limited to the eligible member **ONLY** and excludes the eligible spouse and eligible children.

OPTOMETRY:

- Optometry services for the eligible member **ONLY**, includes sunglasses and night vision spectacles. Based on statistics, utilization is at Affinity Health's discretion.

All benefits will cover the eligible member.

Eligible spouses all benefits **excluding** the funeral assistance benefit, dentistry and optometry services.

Eligible children are covered in emergency medical services and hospital accident benefit.

(see attached brochure for detailed breakdown)

Should you have any queries regarding your membership or require a copy of the full product guide, please contact Affinity Health on 0861 00 11 31 or email at info@nbcfrlihealth.co.za. You can also send a "please call me" to 079 409 1834 and Affinity Health will call you back.

Yours Sincerely

National Secretary

(This document has been sent electronically and is therefore not signed)